



# LOWE ALPINE MOUNTAIN MARATHON

The Connoisseurs Mountain Marathon



## PARENTAL CONSENT FOR COMPETITOR AGED UNDER 18

I am the parent or guardian of ..... I consent to and take full responsibility for his/her participation in the Lowe Alpine Mountain Marathon.

He/she will be participating with ..... on the ..... course.

I accept full responsibility for his/her safety and any injury sustained during the event. These are not the responsibility of the event organiser. I know his/her limitations and can confirm that a course has been chosen that is suited to his/her ability. I have instructed him/her to not start the event or to retire from the event rather than jeopardise his/her safety.

He/she will be fully prepared for the worst possible conditions. I understand that the competition area is very isolated and these hills are exposed to serious weather. I will personally discuss the Lamm equipment list with him/her and ensure that he/she takes appropriate equipment to the event that covers all eventualities.

Signature .....

Print Name .....

Relationship .....

**Notes:** Please complete this after you have entered the Lamm. Delete where not applicable. Send the completed form to: **Lamm, Sleagill Head Farm, SLEAGILL, PENRITH CA10 3HD.**